

Sweetheart 5k Run February 13, 2010

Please use separate form for each participant.
Please print clearly. Late or unsigned forms
will be rejected.

Please check :

5K Female _____ 5k Male _____

Age on Race Day _____

Date of Birth ____ / ____ / ____

Last Name: _____

First Name: _____

Telephone #: _____

Address: _____

City _____ AL _____ Zip _____

I individually, (and/or the parent or guardian of the named minor) for and in consideration of this entry in the listed event, do hereby release, remise, waive, and forever discharge the City of Arab and Arab City Schools any and all other supporting groups of this said race event, together with all of the officers, agents, officials, and employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or related to any injury, illness, loss or damage, including death, relating to participation in the listed event. I further state I am in proper physical condition to participate in this event.

Signature: _____

Date: _____

All entry forms must be signed and dated
(by parent or guardian if under age 19).

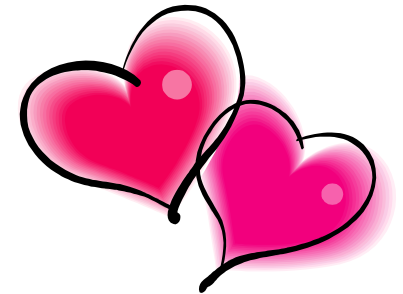
P L E A S E P R I N T :

Name: _____

Shirt Size: _____

**ARAB PRIMARY
SCHOOL**

Presents the
**Relay for Life
Sweetheart 5K
Run/Walk**



**Saturday
February 13, 2010
9:00 a.m.
Arab Primary School**

APS Relay for Life Presents The Sweetheart 5K Run!

Arab Primary School is proud to sponsor the first annual Relay for Life Sweetheart 5k Run. This event is being held to raise money for the fight against cancer while promoting good health of all participants. All are welcome to walk, jog, or run this race for a great cause!! ALL PROCEEDS will go directly toward our campaign to raise money for Relay for Life. Thank you for your support!

Race Information: For maps or race information, please call Arab Primary School @ 256-586-6005 or email: dwigley@arabcityschools.org

Registration: Submit early registration forms to: Arab Primary School Relay for Life, 121 Mimosa Street, Arab, AL 35016

Fees: All applicants' pre-registration fee is \$20.00. ONLY PAID participants will receive a T-shirt. ONLY PREREGISTERED participants are guaranteed the desired size. ALL FEES are non-refundable.

Race Day Registration: The 5K registration fee is \$25.00 for race day. Registration and packet pick up will be from 8:00-8:45 at Arab Primary School. ALL FEES are non-refundable.

Schedule of Events: Friday, February 12: Race Packet pickup at Arab Primary School, 121 Mimosa St., Arab, AL 35016 from 8:00 a.m.-3:00 p.m. or on race day from 8:00-8:45 a.m.

5K Run/Walk begins at 9:00 a.m.

Split times will be called at each mile.

Aid Stations will be located at the mile marker and finish line.

Traffic control will be provided by the Arab City Police Department.

Participants must wear their provided number tag to be eligible for an award.

AWARDS

MEN & WOMEN:

12-younger

13-19

20-35

36-49

50-older